

Rohatsu 2024 Schedule

Day 5: Thursday, December 5th — Day 7: Saturday, December 8th

4:50am	Seated in Zendo; <i>Gosei</i>
5:00am	Choka (<i>morning sutras</i>); Zazen; Kinhin
6:00am	Zazen; Zazen
6:55am	Breakfast; Cleanup
8:15am	Samu [<i>meet on Kitchen Deck</i>]; Cleanup
9:50am	Seated in Zendo; <i>Gosei</i>
10:00am	Zazen; Zazen; Kinhin [Day 7 starts]
11:00am	Zazen; Zazen [Day 5 & 6 start]
11:55am	Lunch; Cleanup; Break
1:50pm	Seated in Zendo; <i>Gosei</i>
2:00pm	<i>Dharma Talk</i>; Zazen; Kinhin
3:00pm	Zazen; Zazen; Kinhin
4:15pm	Personal Exercise Period
4:50pm	Supper [<i>optional, informal</i>]; Cleanup; Break
5:50pm	Seated in Zendo; <i>Gosei</i>
6:00pm	Uninterrupted Zazen; Kinhin
7:00pm	Rohatsu Exhortations Reading; Zazen; Kinhin
8:00pm	Zazen; Zazen; Kinhin;
9:00pm	Zazen; [Day 5—Kaichin;Yaza]
9:30pm	Zazen; [Day 6—Kaichin;Yaza]
9:50pm	Kaichin; Yaza [Day 7]

Notes

- All times PST.
- Please arrive/join by *gosei* for all events.
- Events in **Bold** are broadcast over Zoom. Please sign in 5 minutes before start time.
- See our website for further information, contact information and more:
<https://www.tahomazenmonastery.com>

Rohatsu 2024 Schedule

Day 8: Sunday, December 8th

4:50am	Seated in Zendo; <i>Gosei</i>
5:00am	Zazen; Kaimei Han; Kinhin
5:45am	Closing Sutras (p. 6, 7, 14); Closing Remarks
6:25am	Breakfast; Cleanup; Samu
8:00am	Zazenkai
8:35am	Break
8:45am	Bodhi Day Ceremony
9:45am	Bodhi Day Celebration (in Dining Hall)

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