

Rohatsu 2022 Schedule

Day 4-7: Wednesday December 7th - Saturday December 10th

4:50am	Seated in Zendo; <i>Gosei</i>
5:00am	Choka (<i>morning sutras</i>); Zazen; Kinhin
6:00am	Zazen; Zazen
6:55am	Breakfast; Cleanup
8:15am	Samu [<i>meet on Kitchen Deck</i>]; Cleanup
9:50am	Seated in Zendo; <i>Gosei</i>
10:00am	Instructional Talk (<i>Day 7</i>)
10:30am	Zazen; Kinhin
11:00am	Zazen; Zazen
11:55am	Lunch; Cleanup; Break
1:50pm	Seated in Zendo; <i>Gosei</i>
2:00pm	Dharma Talk; Zazen; Kinhin
3:00pm	Zazen; Zazen; Kinhin
4:00pm	Banka (<i>afternoon sutras</i>)
4:30pm	Personal Exercise Period
4:50pm	Supper [<i>optional, informal</i>]; Cleanup; Break
5:50pm	Seated in Zendo; <i>Gosei</i>
6:00pm	Uninterrupted Zazen; Kinhin
7:00pm	Rohatsu Exhortations Reading; Zazen; Kinhin
8:00pm	Zazen; Zazen
<u>Day 4 & 5</u>	
8:50pm	Kaichin; Yaza
<u>Day 6</u>	
8:50pm	Kinhin; Zazen; Zazen
9:45pm	Kaichin; Yaza
<u>Day 7</u>	
8:50pm	Kinhin; Zazen; Zazen
9:45pm	Break
10:00pm	Zazen; Kinhin (<i>Ho Chanting</i>); Zazen
11:00pm	Kaichin; Yaza

Rohatsu 2022 Schedule

Day 1: Sunday December 4th

8:00am	Zazenkai and Sesshin Opening Ceremony
9:30am	Zazenkai Tea
5:50pm	Seated in Zendo; <i>Gosei</i>
6:00pm	Uninterrupted Zazen; Kinhin
7:00pm	Rohatsu Exhortations Talk; Zazen; Kinhin
8:00pm	Zazen; Zazen

Day 2 & 3: Monday December 5th & Tuesday December 6th

4:50am	Seated in Zendo; <i>Gosei</i>
5:00am	Choka (<i>morning sutras</i>); Zazen; Kinhin
6:00am	Zazen; Zazen
5:50pm	Seated in Zendo; <i>Gosei</i>
6:00pm	Uninterrupted Zazen; Kinhin
7:00pm	Rohatsu Exhortations Talk; Zazen; Kinhin
8:00pm	Zazen; Zazen
8:50pm	Kaichin; Yaza

Day 8: Sunday December 11th

4:50am	Seated in Zendo; <i>Gosei</i>
5:00am	Choka (<i>abbreviated sutras</i>); Zazen; Kinhin
5:30am	Zazen
6:00am	Bodhi Day Ceremony
	<i>Kaimei Han</i>
	Sutras
	Incense Offering
	Closing Remarks
~7:00am	Breakfast; Cleanup
8:00am	Zazenkai and Rohatsu closing
9:30am	Zazenkai Tea
10:00am	Sesshin cleanup